



Proclamation

WHEREAS, over 35 percent of Washoe County school aged children are overweight or obese and 56 percent of adults in Reno and Sparks are overweight or obese; and

WHEREAS, unhealthy eating patterns and too little physical activity are primary contributing factors to overweight and obesity; and

WHEREAS, obesity can lead to severe and chronic health problems during childhood, adolescence, and adulthood, including heart disease, diabetes, cancer, and asthma; and

WHEREAS, obesity-related conditions now account for approximately 20 percent of all medical spending; and

WHEREAS, there are concrete steps we can take right away as concerned family members, educators, planners, health care providers, service providers, and community leaders to ensure that our communities, youth institutions, and places of work combat overweight and obesity by supporting physical activity and promoting healthy eating;

NOW, THEREFORE, I, GENO R. MARTINI, Mayor of the City of Sparks, Nevada, do hereby proclaim September 15-21st, 2013 as:

"HEALTHY LIVING WEEK"

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Seal of the City of Sparks, Nevada to be affixed this 12th day of August, 2013.



GENO R. MARTINI, Mayor

ATTEST:


TERESA GARDNER, City Clerk

